Daniel Tiger’s simple songs can help your child and your family through the ups and downs of everyday life. When you play and sing together, you can help your child manage all kinds of feelings and situations.

Try out these Daniel Tiger strategy songs and related activities this week!

**ACTIVITY: MONDAY, JANUARY 24 - SOCIAL and EMOTIONAL LEARNING**

**Saying sorry**

“Saying I'm sorry is the first step, then ‘How can I help?’” Sing this song together or watch a video of the song. Share with your child about a time when you told someone you were sorry and ask your child if they can remember a time when they said they were sorry. Ask: “What does it feel like to feel sorry? What can you do to help the other person feel better?” Role play with toys or stuffed animals, sing the strategy song and then brainstorm together how to make the situation better and act it out. [https://witf.pbslearningmedia.org/resource/b18a5239-515b-428f-911b-b219a57fbb8cb/saying-im-sorry-is-the-first-step-strategy-song-daniel-tigers-neighborhood/](https://witf.pbslearningmedia.org/resource/b18a5239-515b-428f-911b-b219a57fbb8cb/saying-im-sorry-is-the-first-step-strategy-song-daniel-tigers-neighborhood/)

PA STANDARD: 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE. 16.2.PK.D – RECOGNIZE THAT CONFLICT OCCURS AND DISTINGUISH BETWEEN APPROPRIATE AND INAPPROPRIATE WAYS TO RESOLVE CONFLICT.

**ACTIVITY: TUESDAY, JANUARY 25 - MATH THINKING**

**Try a new food**

“Try a new food, it might taste good!” Sing this song together or watch a video of the song. Is there a new food or recipe you and your child can make together? Perhaps you would like to try one Daniel Tiger has tried such as banana swirl, mini pizzas, or veggie soup. Think about ways your child can help you, and you can help them practice following recipe directions, counting, and measuring. [https://witf.pbslearningmedia.org/resource/58ee23c0-af1b-4a54-8c23-e00f7e7edbb/making-banana-swirl/](https://witf.pbslearningmedia.org/resource/58ee23c0-af1b-4a54-8c23-e00f7e7edbb/making-banana-swirl/)

PA STANDARD: 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS. 2.4.PK.A.4 – CLASSIFY OBJECTS AND COUNT THE NUMBER OF OBJECTS IN EACH CATEGORY. 16.2.PK.B – INDEPENDENTLY BREAK SIMPLE TASKS INTO STEPS AND COMPLETE THEM ONE AT A TIME. 3.2.PK.A.3 – NOTICE CHANGE IN MATTER.

**ACTIVITY: WEDNESDAY, JANUARY 26 - EARLY LITERACY**

**Turn it around**

“When something seems bad, turn it around and find something good.” Sing this song together or watch a video of the song. Share with each other a time when something started out bad but turned into something good. After sharing, encourage your child to pick one experience and then write (or draw) about it. [https://witf.pbslearningmedia.org/resource/ab18ca92-35da-40ad-9f17-ec08488404f7/ab18ca92-35da-40ad-9f17-ec08488404f7/](https://witf.pbslearningmedia.org/resource/ab18ca92-35da-40ad-9f17-ec08488404f7/)

PA STANDARD: 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC. 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.C – RECOGNIZE THAT EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE.

**ACTIVITY: THURSDAY, JANUARY 27 - SCIENCE THINKING**

**Explore outside**

“There’s so much to explore when you are outside.” Sing this song together or watch a video of the song. Dress for the weather and go outside on a “nature walk”. On your walk, observe how many trees, bushes and plants you see. Do you see or hear any birds? Do you see any other animals, small critters or insects? Play “I spy with my little eye, something that is ________” on the nature walk. [https://witf.pbslearningmedia.org/resource/bd29eefd-c73a-4961-89b2-b98bb59b469e/there’s-so-much-to-explore-song-daniel-tigers-neighborhood/](https://witf.pbslearningmedia.org/resource/bd29eefd-c73a-4961-89b2-b98bb59b469e/there’s-so-much-to-explore-song-daniel-tigers-neighborhood/)

PA STANDARD: 3.1.PK.A.3 – RECOGNIZE THAT PLANTS AND ANIMALS GROW AND CHANGE. 4.1.PK.A – IDENTIFY LIVING AND NON-LIVING THINGS IN THE IMMEDIATE AND SURROUNDING ENVIRONMENT. 3.1.PK.A.9 – PARTICIPATE IN SIMPLE INVESTIGATIONS ABOUT LIVING AND/OR NON-LIVING THINGS TO ANSWER A QUESTION OR TO TEST A PREDICTION.

**ACTIVITY: FRIDAY, JANUARY 28 - THE ARTS**

**Pretend play**

“When you pretend, you can be anything.” Sing this song together or watch a video of the song. Encourage your child to use their imagination when playing. To get them started, try using a recycled cardboard box (ideas for pretend: rocket, train, race car) or some pillows (ideas for pretend: tower, house, spaceship). See where their imagination takes them! [https://witf.pbslearningmedia.org/resource/b2a88669-b686-4867-9d9a-0bb1620df39/when-you-pretend-you-can-be-anything-song-daniel-tigers-neighborhood/](https://witf.pbslearningmedia.org/resource/b2a88669-b686-4867-9d9a-0bb1620df39/when-you-pretend-you-can-be-anything-song-daniel-tigers-neighborhood/)

PA STANDARD: AL.1.PK.C – ENGAGE IN COMPLEX PLAY SEQUENCES WITH TWO OR MORE CHILDREN. AL.3.PK.C – USE MATERIALS AND OBJECTS TO REPRESENT NEW CONCEPTS. 9.1.D.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH DRAMATIC PLAY.