### ACTIVITY: MONDAY, JANUARY 10 - SOCIAL and EMOTIONAL LEARNING

**Family stories**

Look for moments to share stories from your childhood with your child. Try sharing both the ups and downs, a time when you struggled or about a time when you experienced something similar at the same age of your child. Hearing family stories not only helps your child connect with you and your family, it also teaches a sense of self, boosts confidence and resilience, and inspires empathy as they develop and grow. Think about your favorite family tales, jot down a list and when you are together with family, encourage members to share their stories with your child.

**PA STANDARD:** 16.1.PK.A – DISTINGUISH BETWEEN EMOTIONS AND IDENTIFY SOCIALLY ACCEPTED WAYS TO EXPRESS THEM. 16.1.PK.C – RECOGNIZE EVERYONE MAKES MISTAKES AND THAT USING POSITIVE COPING SKILLS CAN RESULT IN LEARNING FROM THE EXPERIENCE. AL.2.PK.E – RETAIN AND RECALL INFORMATION PRESENTED OVER A SHORT PERIOD OF TIME.

### ACTIVITY: TUESDAY, JANUARY 11 - MATH THINKING

**Family cooking**

Do you have a favorite family recipe or a food that is a family tradition? Find a simple family recipe and encourage your child to help make it with you. If you don’t have a family recipe handy, look up a recipe that reflects some of your family’s culture. Encourage your child to help you gather and sort ingredients and measure using measuring cups and spoons.

**PA STANDARD:** 3.2.PK.A.1 – SORT AND DESCRIBE OBJECTS ACCORDING TO SIZE, SHAPE, COLOR, AND TEXTURE. 2.4.PK.A.1 – DESCRIBE AND COMPARE MEASURABLE ATTRIBUTES OF LENGTH AND WEIGHTS OF EVERYDAY OBJECTS.

### ACTIVITY: WEDNESDAY, JANUARY 12 - EARLY LITERACY

**Family writing**

Think about a memorable day in your child’s life and talk about some of the events that happened on that day. Then write a story book together starting with the first event that happened. For example, “First, we______.” Ask your child to draw a picture of it. On a second page, do the same thing with the next event and so on until you’ve written a whole story about the day. Use sentence starters such as “first”, “second”, “then”, “next”, and “finally”. Create a cover for your story with a title and picture and your child’s name. Attach the book together (by stapling or punching three holes and threading a piece of yarn or ribbon through each hole and tying into a bow) and ask your child to “read” the book to you using picture clues.

**PA STANDARD:** 1.4.PK.B – WITH PROMPTING AND SUPPORT, DRAW/DICTATE ABOUT ONE SPECIFIC TOPIC. 1.4.PK.M – DICTATE NARRATIVES TO DESCRIBE REAL OR IMAGINE EXPERIENCES OR EVENTS. 1.4.PK.P – RECOUNT A SINGLE EVENT AND TELL ABOUT THE EVENTS IN THE ORDER IN WHICH THEY OCCURRED.

### ACTIVITY: THURSDAY, JANUARY 13 - SCIENCE THINKING

**Family traits**

Pull out old photos or family movies and explore them together. Your child will love seeing what you looked like when you were their age. Talk about things that are similar among family members when looking at photographs. What characteristics and features can your child identify that are alike and different among family members? Encourage your child to draw a self-portrait or a picture of the family and display it.

**PA STANDARD:** 3.1.PK.B.1 – RECOGNIZE AND COMPARE PHYSICAL CHARACTERISTICS OF LIVING THINGS FROM SAME SPECIES. 9.1.V.PK.E – USE IMAGINATION AND CREATIVITY TO EXPRESS SELF THROUGH VISUAL ARTS.

### ACTIVITY: FRIDAY, JANUARY 14 - THE ARTS

**Family music**

Talk about what kinds of music your family enjoys listening to together. Do you have any favorite songs you like to sing? Are there any songs or music traditions shared among family members over the generations? Does your family have ties to music from different cultures? Try creating a song together—a silly made-up song, a song to celebrate a family member or a song about your family and traditions. For more ideas, please visit https://pennsylvaniapbs.org/learning-at-home/ready-set-music/music-matters/