### Activity: Monday, November 22 - Social and Emotional Learning

**Expressing gratitude**

As a family, make it a ritual to share three good things that happened that day. This is a perfect way to connect at dinnertime or bedtime. Simply ask your child, “What made you happy today? What are you thankful for?” And don’t forget to share your own reflections, modeling for your child a daily attitude of gratitude for the small things in life.

**PA Standard:** 16.1.PK.B – Recognize that everyone has personal traits which guide behavior and choices. 16.2.PK.C – Engage in reciprocal communication with adults and peers.

### Activity: Tuesday, November 23 - Math Thinking

**Grateful counting**

On 5 separate slips of paper, write: 1) Sing ONE of your favorite songs, 2) Read TWO of your favorite books together, 3) Name THREE things that make you happy, 4) Name FOUR people you are thankful for, 5) Name FIVE of your favorite foods. Fold each slip of paper and place in a jar or bowl. Take turns choosing one piece and sharing your favorite things that you are grateful for. Encourage your child to use their fingers to keep count of the items they list. Older children can dictate or write out phonetically.

**PA Standards:** 2.4.PK.A.4 – Classify objects and count the number of objects in each category. 1.5.PK.C – Respond to what a speaker says to follow directions, seek help, or gather information.

### Activity: Wednesday, November 24 - Early Literacy

**Thank you notes**

Encourage your child to “write” thank you notes and cards for the people who do nice things for them. Make a homemade thank you note together and use a simple template so that your child can just fill in the blanks by dictating or writing out phonetically the words. For example, “Dear _____, Thank you for _______! Love, ______.” Ask your child to draw a picture to go with their note. Now the fun part—giving/sending their thank you note!

**PA Standards:** 1.4.PK.F and 1.4.PK.R – Emerging to… Spell simple words phonetically. 1.4.PK.B – With prompting and support, draw/dictate about one specific topic.

### Activity: Thursday, November 25 - Science Thinking

**Gratitude scavenger hunt**

Make a check list of gratitude and favorite items for you and your child to find. You can collect items, draw and/or take pictures of the items and add to a scrapbook or science journal. Suggestions: Find something that you are grateful for in nature; Find something that you enjoy outside; Find something that you eat that tastes good; Find something that has an enjoyable smell; Find something that makes a beautiful sound; Find something that is soft/hard/bumpy; Find something that is your favorite color.

**PA Standard:** 3.2.PK.A – Sort and describe objects according to size, shape, color, and texture. 1.4.PK.B – With prompting and support, draw/dictate about one specific topic.

### Activity: Friday, November 26 - The Arts

**Thankful wind spinner**

On a paper plate, draw a spiral starting in the center to the outside of the plate. With your child, share what you are both grateful for and write these items inside the spiral lines. Once you have filled the spiral with words, flip it over and have your child color and decorate the back. Carefully cut along the spiral lines. Punch or make a small hole in the center of the spiral, and thread some yarn, ribbon, or string through. Tie a knot on the back. Then hang your wind spinner and watch your words of gratitude spin!

**PA Standards:** AL.3.PK.C – Use materials and objects to represent new concepts. 9.1.V.PK.E – Use imagination and creativity to express self through visual arts.

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