



PRIMETIME TV
Middle School through High School
WITF recommends primetime programs to be co-viewed
by students and their parents. Parental guidance is
suggested with some programs. See witf.org/schedules
for specific episode ratings.

	8:00	8:30	9:00	9:30	10:00	10:30
6-7	RICK STEVES EUROPE AWAITS Rick Steves shares vivid and unforgettable visits to European favorites for when we can safely travel again. Arts / Culture / History				THE SCIENCE OF MEMORY Discover weekly strategies and lifestyle suggestions that make improving memory fun and rewarding (continues on to 11:30pm). Science and Nature	
6-8	GREAT SCENIC RAILWAY JOURNEYS: 150 YEARS ON THE RIGHT TRACK Unforgettable stories of historic and scenic tourist railroads from across America are showcased. Arts / Culture / History				MAVIS STAPLES: I'LL TAKE YOU THERE— AN ALL-STAR CELEBRATION An once-in-a-lifetime music event recorded at Chicago's famous Auditorium Theatre in 2014 for the iconic singer's 75th birthday (continues on to 11:30pm). Arts / Culture / History	
6-9	NATURE: A SQUIRREL'S GUIDE TO SUCCESS Join some of the world's top squirrel scientists who are making groundbreaking discoveries. Science and Nature				GREAT PERFORMANCES: ANDREA BOCELLI: BELIEVE Enjoy the songs of the internationally beloved tenor's 2020 album recorded on location in Malta. Arts / Culture / History	
6-10	NOVA: THE TRUTH ABOUT FAT The mysteries of fat and its role in hormone production, hunger and even pregnancy are explored. Science and Nature					
6-11	WASHINGTON WEEK Social Studies / Current Events ELLA FITZGERALD: JUST ONE OF THOSE THINGS Follow the six-decade journey of the extraordinary performer known Arts / Culture / History				EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH PEGGY CAPPY Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age (continues on to 11:30pm). Science and Nature	
6-14	ANTIQUES ROADSHOW: VINTAGE ALBUQUERQUE Revisit fan-favorite appraisals from 2002, including a magnificent Tang dynasty marble lion. Arts / Culture / History		ANTIQUES ROADSHOW: VINTAGE HOT SPRINGS Appraisals from 15 years ago include an 1886 Jasper Cropsey painting and Andrew Clemens sand art. Arts / Culture / History		EXPECT A MIRACLE The AIDS crisis in San Diego and Fraternity House, a hospice in San Diego County, is chronicled. Science and Nature	
6-15	FINDING YOUR ROOTS: UNFAMILIAR KIN Actors Fred Armisen and Christopher Walken and musician Carly Simon learn about their roots. Arts / Culture / History		POLIO CRUSADE: AMERICAN EXPERIENCE Chronicles the decades-long crusade to eradicate one of the 20th century's most dreaded diseases. Science and Nature		FRONTLINE: CHINA UNDERCOVER Investigating the Communist regime's mass imprisonment of Muslims, and its use and testing of sophisticated surveillance technology. Social Studies/Current Events	
6-16	TO THE ENDS OF THE EARTH: THE NATURAL WORLD – PUSHING BOUNDARIES Expanded horizons, from the driest deserts in Africa to the mountainous Himalayas, are explored. Science and Nature		NOVA: EAGLE POWER Bird specialist Lloyd Buck puts his trained golden eagle to the test with remarkable experiments. Science and Nature		DECODING THE DRIFTLESS Buckle-up for a wild ride of science and adventure in the amazing Driftless Region of North America. Science and Nature	
6-17	TRANSFORMING HEALTH Science and Nature	TRANSFORMING HEALTH: COVID DIARIES-THEN AND NOW Join us as we revisit the stories of those interviewed at the start of the coronavirus pandemic. Science and Nature			PRINCE: RAVE UN2 THE YEAR 2000 Experience Prince's legendary talent and peerless showmanship at a dazzling show filmed on the cusp of the new millennium (continues on to 11:30pm). Arts / Culture / History	
6-18	WASHINGTON WEEK Social Studies / Current Events	FIRING LINE WITH MARGARET HOOVER Social Studies / Current Events	GREAT PERFORMANCES AT THE MET : ANNA NETREBKO IN CONCERT The opera megastar performs Russian songs by Rachmaninoff, Rimsky-Korsakov and Tchaikovsky. Arts / Culture / History		PATIENT NO MORE The barriers that LGBTQ+ women must navigate across health care systems are explored. Social Studies/Current Events	

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